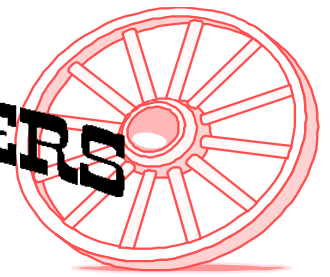




COUNTRY CLUB DANCERS



Sugar & Spice

Dance taught by Karen
Blazer for the Country
Club Dancers 06-17-2024

Choreographed by: Jef Camps (BEL), Roy Verdonk (NL) and Jo Kinser (UK), March 2024

Description: 32 count 4 wall Improver line dance

Music: **Milky Way** by Duguneh, Abi F Jones and Jay Fonseca, 116 bpm,
Single, 2019

Intro: 16 counts

1 – 8 **Skate, Skate, Shuffle, Skate, Skate, Shuffle**

1-2 RF skate forward, LF skate forward

3&4 RF step forward into R diagonal, LF close next to RF, RF step forward

5-6 LF skate forward, RF skate forward

7&8 LF step forward into L diagonal, RF close next to LF, LF step forward

9 – 16 **Jazz box cross, Side rock, ¼ Recover, ¼ Chassé**

1-2 RF cross over LF, LF step back

3-4 RF step side, LF cross over RF

5-6 RF rock side, ¼ Turn left and put weight on LF (9:00)

7&8 ¼ Turn left and RF step side, LF close next to RF, RF step side (6:00)

17 – 24 **Behind, Side, Cross samba, Cross, ¼ Back, Back pony step**

1-2 LF cross behind RF, RF step side

3&4 LF cross over RF. RF rock side, Recover on LF

5-6 RF cross over LF, ¼ Turn right and LF step back (9:00)

7&8 RF step back hitching left knee, LF close next to RF, RF step back hitching left knee

25 – 32 **Rock back/recover, Shuffle ½ turn, Back, Drag, Ball, Walk RL**

1-2 LF rock back, Recover on RF

3&4 ¼ Turn right and LF step side, RF close next to LF, ¼ Turn right and LF step back (3:00)

5-6 RF large step back, Drag LF towards RF

&7-8 LF close on ball next to RF, RF step forward, LF step forward

Restart:

In wall 5 dance up to count 12 and add the following steps before restarting the dance (12:00)

1-2-3-4 RF step side and sway R, Sway L, Sway R. Sway L (*Wave your arms*)

Have fun!

Last update: 13 Mar 2024